

The Vaccine Balancing Act by Dr. Pamela Langenderfer

I often have patients come in with questions about vaccinations: should they vaccinate their child and if so when, what are the alternatives to vaccination, what happens if their child gets one of the diseases? I must admit I have been unsure myself about what the best answer is. I usually advise patients that if they don't vaccinate they must breastfeed for a minimum of 2 yrs along with doing immune support. I also tell parents that if their child gets one of the childhood diseases they need to be comfortable with that and have a gameplan.

I just did a continuing education course entitled "The Vaccine Balancing Act" taught by a naturopathic physician and a researcher with her PhD in immunology and microbiology. What a fantastic course! This seminar provides physicians with the knowledge and tools needed to make the right vaccine decisions for each individual child so that the child can achieve their greatest potential for health in a strong and vibrant way.

This approach takes into account the individual child, his/her risk factors for getting sick along with his/her immunological development, and solves many questions regarding immunizations and infections.

Questions like:

Would you like to know the optimal time to vaccinate a child; a time based on their immune system and nervous system development?

What about lifestyle decisions of the parents that will make a child less susceptible to infectious diseases?

How about nutrition to help guard against infections?

Are certain vaccines unnecessary for some children?

Does the risk of giving a child a particular vaccine outweigh the risks of that child getting the disease?

These two doctors have developed a New Childhood Immunization Schedule designed to lead to the least potential for harm and the maximum potential for benefit, giving details about post vaccination treatment strategies and disease prevention and treatment for unvaccinated children. This provides a gentle and sensible approach to vaccinations. The vaccine schedule is based on four scientific and holistic cornerstones...

Timing of vaccines – Administering vaccines at a point when the immune system can mount the most appropriate response.

Individual susceptibility – The individual risk factors for the disease, the infant's health and the health habits of the parents.

The danger imposed on the child if they acquire the infection.

Effective ways to both **prevent** and **treat** infections.

Call today for a consultation with Dr. Langenderfer if you have questions regarding vaccinating your child.